

9 Ways to Connect With God

Enjoy Nature

Canoe on a lake, hike in the mountains or simply sit under a tree and meditate on God's creation.

Listen

Go to a secluded place and ask God to speak to you while you sit quietly.

Meditate

Choose a Bible verse or a word like "joy" or "peace" and think about it.

Observe

Look at inspiring artwork, architecture or stained glass windows and thank God for creativity.

Worship

Listen to music, play an instrument, sing or dance to show your love to God.

Create

Draw, paint, write music or journal while asking the Holy Spirit to fill you.

Learn

Read the Bible, listen to teaching or do a Bible word study.

Pray

Pray silently, pray out loud, pray with others or read a prayer book.

Move

Run, walk, swim or dance while opening your spirit up to God.