

# Delicious Gluten Free Blueberry Muffin Recipe

*An awesome gluten free recipe from The Peaceful Mom*

## **INGREDIENTS**

1 and 1/4 cup gluten free baking mix (we use [Pamela's Ultimate Baking and Pancake Mix, 4-Pound Bag](#).)

1/4 cup white granulated sugar

1 large egg, beaten

1/4 cup water

1 teaspoon pure vanilla

1/8 cup pure maple syrup

1/2 cup frozen or fresh blueberries (we used frozen)

## **INSTRUCTIONS**

Combine baking mix and sugar in a large bowl and set aside.

In a separate bowl, combine egg, water, vanilla and maple syrup. Mix well.

Add wet ingredients to dry ingredients and stir until just combined.

Fold in blueberries.

Spoon muffin mix into greased muffin tins, filling each cup 2/3 full.

Bake at 350 degrees for 18-20 minutes.

Enjoy!