Southwest Chicken Chili

A Delicious Slow Cooker Recipe from ThePeacefulMom.com!

INGREDIENTS

- 2 cups baked chicken, shredded (we used chicken breasts)
- 3 cups cooked navy beans (or other white bean)
- 2 cups frozen corn kernels
- (2) 32 ounce containers chicken stock (we use one without MSG)
- (2) 4 ounce cans diced green chilies
- 2 tablespoons minced dried onions
- 1 tablespoon dried cumin
- 1 tablespoon garlic salt

fresh lime juice (optional)

avocado slices (optional)

INSTRUCTIONS

Add chicken stock, chicken, beans, corn, chilies and spices to your slow cooker.

Stir to combine all ingredients well.

Cook on low for 3 hours.

To thicken, remove 1 and 1/2 cups of the chili and blend well in a blender (or use an immersion blender right in the slow cooker). Add blended chili back into the slow cooker and mix well.

Just before serving add a splash of lime juice and a slice of avocado to each bowl.

Enjoy!

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