

# Mom and Daughter Journal Prompts

Use these prompts to help you discuss things with your daughter and/or write messages to her in the Mom and Daughter Date Journal.

I love you because ...(*you're not like anyone else, you're mine, I can't help it!*).

My favorite feature of yours is ...(*your cute little nose, your beautiful smile, your silky hair.*)

You are very talented in ...(*drawing, dancing, singing, talking to others.*)

I like the way you ...(*laugh, sing, tell me secrets, love your brother.*)

I have noticed your kindness toward ...(*your sister, our pet, your friend.*)

I am proud of you for ...(*persevering when something is difficult, helping a friend, doing your homework without being asked.*)

You use a lot of creativity in the way you ...(*draw, sing, paint, write, play with your friends.*)

I noticed your compassion toward ...(*animals, a hurting friend, grandpa.*)

I am so glad that ...(*I can spend time with you, you are a girl, God gave you to me.*)

I really like the way you show responsibility in ...(*caring for our pet, cleaning your room, taking your clothes to the laundry room, helping me set the table, taking your dishes to the sink.*)

You make my heart sing when you ...(*smile, laugh, dance, sing, draw, tell me a story.*)

My life is better because you are my daughter. You are the best gift and I am so happy to be your mom!