

Ham and Spinach Pasta

A tasty recipe from The Peaceful Mom

INGREDIENTS

16 ounce box macaroni noodles

3 tablespoons butter

2 cups raw spinach, chopped

2 cups deli ham, diced (I used nitrate-free lunch meat)

½ cup fresh grated Parmesan cheese (in the refrigerated cheese section)

Salt to taste

DIRECTIONS

Cook pasta according to directions. Melt butter in sauce pan over low-medium heat. Add ham and saute for 1 minute. Add spinach and saute until wilted, stirring to coat with butter. Add salt to taste.

Drain pasta, add butter and salt to taste. Add ham and spinach mixture to pasta along with shredded parmesan. Stir to combine. Serve immediately.

©2011 ThePeacefulMom.com