

Ham and Egg Cups

A tasty recipe from ThePeacefulMom.com

Ingredients

4 eggs, beaten

1/4 cup milk

2 Tablespoons salsa

1 cup Mexican shredded cheese

1/4 cup frozen chopped spinach, thawed and drained

1/4 cup finely diced ham or bacon

1/4 cup finely diced green onions

1/4 teaspoon salt

1/8 teaspoon pepper

12 slices deli ham

Directions

Combine first three ingredients and stir until well combined. Stir in remaining ingredients. Grease or spray muffin tin cups and add ham slices. Carefully spoon egg mixture into each cup making sure that it doesn't overflow the edges of the ham.

Bake 20-25 minutes at 350 degrees until eggs are set and slightly brown on top. Serve immediately.

Yield: 12 Ham and Egg Cups