## Grocery List

PRODUCE	REFRIGERATED	SNACKS	PASTA
□apples	bagels	□corn chips	□angel hair
□bananas	□block cheddar	□cookies	
□blueberries	□block mozzarella	□crackers	□rotini
□cantaloupe	□block swiss	nuts	□shells
grapes	□butter	□potato chips	□spaghetti
□lemons/limes	□cheese sticks	popcorn	□spaghetti sauce
·	□cream cheese	' '	: =
□oranges		□pretzels □raisins	□tomato paste
□peaches	□eggs		☐tomato sauce
□plums	□English muffins	□rice cakes	☐tomatoes diced
□strawberries	□Flour tortillas	□tortilla chips	CONDIMENTS
□watermelon	□half and half	☐trail mix	□barbecue sauce
□lana aaal:	□milk	BAKING GOODS	
□broccoli	□shredded cheddar	□baking soda	□honey
□carrots	□shredded mozzarella	□baking powder	□jelly/peanut butter
□cauliflower	□shredded parmesan	□brown sugar	□ketchup
□coleslaw	□sliced American	□coconut	□mayonnaise
□cucumbers	□sliced cheddar	□flour	□mustard
□garlic	□sliced mozzarella	□honey	□olives
□green beans	□sliced provolone	□oil	□pickle relish
□green peppers	□sliced swiss	□spray oil	□pickles
□mushrooms	□sour cream	☐ paper baking cups	□salad dressing
□onions	□soy milk	□sugar/sugar substitute	□salsa
□potatoes	□yogurt	□vanilla	□soy sauce
□salad/lettuce	□whipping cream	SPICES	□steak sauce
☐sweet potatoes	_	□basil	□Worcestershire
□tomatoes	PAPER/CLEANING	□chili powder	
	□Ajax	□cinnamon	BREAD
	□bleach	□cumin	☐ Burger/hot dog buns
MEAT /SEAFOOD/DELI	□dish washer deterg.	□garlic powder	□Wheat bread
□deli turkey	□dish washing deterg.	□nutmeg	□Rolls
□deli ham	☐fabric softener/sheets	□oregano	FROZEN
□deli roast beef	□laundry detergent	□pepper	□asparagus
□pita pockets	□light bulbs	□rosemary	□blueberries
□salmon	□napkins	□salt	□broccoli
□shrimp	□paper towels	□thyme	□broc/cauliflower
•			-
□fish	□Swiffer refill	CANNED GOODS	□fries
□fish □chicken		CANNED GOODS  □applesauce	□fries □frozen dinners
☐fish☐chicken☐ground beef	□Swiffer refill	CANNED GOODS	□fries □frozen dinners □ ice cream
□fish □chicken □ground beef □steak	□Swiffer refill □toilet paper	CANNED GOODS  □applesauce	□fries □frozen dinners □ ice cream □pizza
☐fish☐chicken☐ground beef	□Swiffer refill □toilet paper □trash bags	CANNED GOODS  □applesauce □fruit cocktail	□fries □frozen dinners □ ice cream □pizza □strawberries
□fish □chicken □ground beef □steak	□Swiffer refill □toilet paper □trash bags □zipper bags gal/quart	CANNED GOODS  □applesauce □fruit cocktail □baked beans	□fries □frozen dinners □ ice cream □pizza
□fish □chicken □ground beef □steak □roast beef	□Swiffer refill □toilet paper □trash bags □zipper bags gal/quart	CANNED GOODS  □applesauce □fruit cocktail □baked beans □black beans	□fries □frozen dinners □ ice cream □pizza □strawberries
☐fish☐chicken☐ground beef☐steak☐roast beef☐pork chops	□Swiffer refill □toilet paper □trash bags □zipper bags gal/quart □sandwich/snack bags	CANNED GOODS  □applesauce □fruit cocktail □baked beans □black beans □green beans	☐fries ☐frozen dinners ☐ ice cream ☐pizza ☐strawberries ☐waffles
□fish □chicken □ground beef □steak □roast beef □pork chops □pork roast	□Swiffer refill □toilet paper □trash bags □zipper bags gal/quart □sandwich/snack bags  CEREAL/BREAKFAST	CANNED GOODS  □applesauce □fruit cocktail □baked beans □black beans □green beans □kidney beans	☐fries ☐frozen dinners ☐ ice cream ☐pizza ☐strawberries ☐waffles OTHER
☐fish☐chicken☐ground beef☐steak☐roast beef☐pork chops☐pork roast☐ham	□Swiffer refill □toilet paper □trash bags □zipper bags gal/quart □sandwich/snack bags  CEREAL/BREAKFAST □cereal	CANNED GOODS  applesauce fruit cocktail baked beans black beans green beans kidney beans mandarin oranges	☐fries ☐frozen dinners ☐ ice cream ☐pizza ☐strawberries ☐waffles OTHER ☐batteries
☐fish☐chicken☐ground beef☐steak☐roast beef☐pork chops☐pork roast☐ham☐sausage	□Swiffer refill □toilet paper □trash bags □zipper bags gal/quart □sandwich/snack bags  CEREAL/BREAKFAST □cereal □grits	CANNED GOODS  □applesauce □fruit cocktail □baked beans □black beans □green beans □kidney beans □mandarin oranges □peaches	☐fries ☐frozen dinners ☐ ice cream ☐pizza ☐strawberries ☐waffles OTHER ☐batteries ☐deodorant
□fish □chicken □ground beef □steak □roast beef □pork chops □pork roast □ham □sausage □bacon	□Swiffer refill □toilet paper □trash bags □zipper bags gal/quart □sandwich/snack bags  CEREAL/BREAKFAST □cereal □grits □oatmeal	CANNED GOODS  applesauce fruit cocktail baked beans black beans green beans kidney beans mandarin oranges peaches pineapple	☐fries ☐frozen dinners ☐ ice cream ☐pizza ☐strawberries ☐waffles OTHER ☐batteries ☐deodorant ☐feminine products
☐fish ☐chicken ☐ground beef ☐steak ☐roast beef ☐pork chops ☐pork roast ☐ham ☐sausage ☐bacon ☐pepperoni	□Swiffer refill □toilet paper □trash bags □zipper bags gal/quart □sandwich/snack bags  CEREAL/BREAKFAST □cereal □grits □oatmeal	CANNED GOODS  applesauce fruit cocktail baked beans black beans green beans kidney beans mandarin oranges peaches pineapple rice	□fries □frozen dinners □ ice cream □pizza □strawberries □waffles OTHER □batteries □deodorant □feminine products □shampoo/cond.